

Healing Windows
Ministry:
Foundational Principles for
Divine Health and Healing

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1. Where did sickness come from?

a. *Galatians 3:13* “Christ has redeemed us from the curse of the law, having become a curse for us for it is written, “Cursed is everyone who hangs on a tree””

Sickness, pain, disease and death entered the human race at the fall of Adam. God cursed all of Adam’s descendants because of his disobedience so that God could deliver mankind by one man’s obedience, Christ. (Romans 5:19) So sickness came in through the rebellion of Adam, but then healing was provided by Jesus Christ.

Therefore, we are saved from pain and sickness the same way we are saved from eternal damnation, by grace through faith. (Isaiah 53:1-5; Romans 5:10)

2. We are already healed; we want to receive the manifestation in our physical body all of what Christ has already done for us.

a. *1Peter 2: 24* “who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.”

The prophet Isaiah prophesized about 700 years before Jesus went to the cross that His wounds, whipping and suffering would be provided for our healing. In Matthew 8:17 the Bible states that Jesus paid for our physical healing, not just spiritual healing.

The Apostle Peter, in 1Peter 2:24, looks back to the whipping, cross and resurrection of Jesus Christ as the fulfilment of Isaiah’s prophesy showing that we already have been healed. Therefore, we no longer ask God to heal us; rather we ask Him to help us receive the healing Jesus already provided. (Isaiah 53:1-5; Matthew 8:17; 1Peter 2:24; Ephesians 1:3; Psalm 103:1-3; Mark 16:19)

3. We command sickness to leave. We declare health over our mind and bodies.

a. *Luke 4: 38 – 39* “³⁸ Now He (Jesus) arose from the synagogue and entered Simon’s house. But Simon’s wife’s mother was sick with a high fever, and they made request of Him concerning her. ³⁹ So He stood over her and rebuked the fever, and it left her. And immediately she arose and served them.”

Jesus said, “I tell you the truth, anyone who believes in me will do the same works I have done...” (John 14:12a) This means that if Jesus healed the sick so should we. The problem is that we don’t do things the way Jesus did them, so we don’t even come close to the same results He had.

Jesus never prayed for the sick. So why do we? We’ve been following the traditions of men rather than following Jesus’ example. So, what did Jesus do? He commanded sickness to leave! As in the example of Peter’s mother-in-law, He commanded the fever to leave her and she recovered immediately. (Luke 4:38-39)

In a similar way, Peter healed the lame man at the gate of the temple in Acts 3. Peter simply said, “I don’t have any silver or gold for you. But I’ll give you what I have. In the name of Jesus Christ, the Nazarene, get up and walk!”

Peter didn't pray to God to heal the lame man. He spoke healing over him and told him to walk in Jesus' name. Later Peter told the crowd that it was the name of Jesus, through faith in the name of Jesus, that healed that lame man. Peter went on to proclaim who Jesus was and what He had done for them, and over 5,000 people received Christ.

Death and life are in the power of the tongue. (Proverbs 18:21) We need to speak words of life and healing over our lives, bodies, friends and families, etc. Jesus has made healing available through His Kingdom that is now on earth. These Kingdom realities such as peace, joy, faith, healing, well-being and prosperity are all released by our words.

Whether we know it or not, from the very beginning God wanted to rule the earth through us. When Adam fell, he lost his connection to God in the spirit, thereby losing God's life and with it his access to God's authority on earth. Jesus restored our connection to God in the spirit, which made His life available to all who believe. Now every believer can exercise the authority of Jesus' name in the earth.

Understanding Kingdom authority is a key to receiving and keeping our healing. Commanding sickness and pain to leave a person can only be effective if that person allows it to happen. We all have the right to receive or reject God's gifts of eternal life and healing.

When we know our authority, we can, as Jesus did, command pain or sickness to leave in His name! (Acts 3 and 4; Proverbs 18:21; Luke 4:38-39; John 14:12a; Genesis 1:26)

4. Healing is a free gift available for everyone, paid for by Jesus.

a. Mark 16: 17 – 18 “¹⁷ And these signs will follow those who believe in My Name; they will cast out demons; they will lay hands on the sick, and they will recover.”

One of the last things Jesus told His disciples before He ascended to His throne in heaven was that all those who believe in His name will lay hands on the sick and they will recover. This is important because Jesus is declaring that every believer has the authority in His name to heal the sick. Therefore, we can help our family members, neighbors and friends when they are hurting; and because Jesus said they will recover, we should expect them to be healed. (Mark 16: 17-18; Acts 3:16)

5. We walk in divine health by receiving more of God's life in the physical realm.

a. Romans 8: 11 “¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.”

God is the source of our life. Adam and Eve began to age after being cut off from God's presence because they no longer had access to His life. When the children of Israel were in the wilderness, only three of the millions who came out of Egypt lived to enter

the Promised Land. I believe that Joshua, Moses and possibly Caleb were strong and healthy well past their 80's because they dwelt in God's presence in the tabernacle.

As it says in Exodus 3:10-11 *"10. All the people saw the pillar of cloud standing at the tabernacle door, and all the people rose and worshiped, each man in his tent door. 11. So the Lord spoke to Moses face to face, as a man speaks to his friend. And he would return to the camp, but his servant Joshua the son of Nun, a young man, did not depart from the tabernacle."*

It is interesting that all the people who died during Israel's 40-year journey in the wilderness worshiped the Lord in their tents. However, Moses and Joshua, who lived to be over 100 years old, dwelt in God's presence.

I believe that when we spend time in God's presence through prayer, worship, Biblical meditation, being still before Him and listening to anointed teaching, we draw on God's eternal life which gives life and health to our physical bodies.

6. Sickness does not come from God. Healing comes from Him.

a. John 10: 10 "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly."

b. James 1: 17 "Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning."

Many people have been wrongly taught that sickness and disease come from God. They do not! Jesus said, "The thief comes to steal, kill and destroy but I came that you might have life and have it more abundantly." This means that sickness and death come from the devil; life, health and healing come from God.

Some will say that God allows sickness to attack someone for some reason. Again, they are blaming God for their illness and lack of healing by making Him complicit with the devil. Before Jesus came, yes, God put sickness on people as a curse. However, Jesus bore our curses on the cross. (Galatians 3:13) God does not curse people with disease anymore.

Also, the Bible says in James 1:17 that good gifts come from our Father of lights; and since sickness is not good, it does not come from Him.

Why is this important? It is because it is impossible for us to trust God for healing if we think that He is the source of the disease! Ultimately, God is life. (John 1:4) Therefore, there is no sickness in Him to give.

If we are sick it could have come from a number of ways in this fallen, broken world; but it didn't come from God. He is the source of the answer, not the problem. When we are sick, we need to focus on Jesus and His promises. In other words, we need to listen to the voice of Truth and not to the voices of this world. (John 10:10; James 1:17; John 1:4; Ephesians 1:3; Psalm 103:3-4; Galatians 3:13)

7. If we have Jesus, through Him we have all the faith we need to be healed. It is our doubt, fear and unbelief that can limit our ability to receive healing.

a. Luke 8: 50 “But when Jesus heard it, He answered him, saying, ‘Do not be afraid; only believe, and she will be made well.’”

b. Matthew 17: 20 “So Jesus said to them, “Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you. 21. However, this kind (of unbelief) does not go out except by prayer and fasting.”

I have often heard that people were told when they weren't healed that they didn't have enough faith. I'm not sure where that perspective comes from, but it is definitely not true. If a person has confessed Jesus as their Lord and Savior, then Jesus by the Holy Spirit lives in them. As it says in 1Corinthians 6:17, “He who is joined to the Lord is one spirit with Him.”

If we are one spirit with Jesus, then the fruit of faith which is in Jesus is in us. Therefore, we have the same faith that Jesus has, and He had enough faith to heal everyone that came to Him. Now, just because we have Jesus' faith in our spirit doesn't mean that faith will work in the physical world. It has to be released, and we also need to be free of doubt and unbelief.

Faith comes (or is released in the physical world) by hearing and hearing by the word of God. (Romans 10:17) The hearing or release of faith in a situation in the natural realm happens when the reality of what God says in the Bible, His promises, etc., becomes more real in our hearts than the problem. Hearing in our hearts comes from spending time reading and meditating in God's Word, the Bible.

It is when God's words from the Bible come alive in us by His Holy Spirit that we are actually releasing God's faith in this world. In my experience, it's when His word awakens in my heart that I see the problem I'm facing begin to mend.

Faith and belief are focusing on and trusting God, His promises and faithfulness. Doubt and unbelief come when we focus on the problem, the world's remedies or our own self-sufficiency.

A great example of this is when the Apostle Peter asked Jesus to let him walk on water with Him. Peter released enough faith in one word from Jesus, “Come”, that he actually walked on water. But when Peter got his attention off of Jesus, the object of his faith, and on to the stormy winds and waves, the problem, he was filled with doubt and unbelief and began to sink.

Jesus is the object and source of our faith. We should always keep our focus on Him and continually be aware of His presence. (Luke 8:50; Matthew 17:20; 1Corinthians 6:17; Romans 10:17; Matthew 14:22-33)